

## FDAV Dan-Prüfungsordnung

### 1. - 4. DAN (zusätzlich sind alle Techniken vom 6.- 1. Kyu möglich)

Suwari waza	Ryo kata dori	Ikkyo	Hanmihandachi	Gyakuhanmi katate dori	Ikkyo
	Ryo kata dori	Nikyo		Gyakuhanmi katate dori	Nikyo
	Ryo kata dori	Sankyo		Gyakuhanmi katate dori	Shiho nage
	Ryo kata dori	Yonkyo		Gyakuhanmi katate dori	Uchi kaiten nage
	Ryo kata dori	Irimi nage		Gyakuhanmi katate dori	Soto kaiten nage
	Ryo kata dori	Kokyu nage		Gyakuhanmi katate dori	Irimi nage
	Shomen uchi	Ikkyo		Gyakuhanmi katate dori	Kote gaeshi
	Shomen uchi	Nikyo		Gyakuhanmi katate dori	Kokyu nage
	Shomen uchi	Sankyo		Ushiro ryo kata dori	Ikkyo
	Shomen uchi	Yonkyo		Ushiro ryo kata dori	Sankyo
	Shomen uchi	Gokyo		Ushiro ryo kata dori	Kote gaeshi
	Shomen uchi	Irimi nage		Ushiro ryo kata dori	Juji garami nage
	Shomen uchi	Kote gaeshi		Ushiro ryo kata dori	Kokyu nage
	Shomen uchi	Kokyu nage			
	Yokomen uchi	Ikkyo			
	Yokomen uchi	Nikyo			
	Yokomen uchi	Sankyo			
	Yokomen uchi	Yonkyo			
	Yokomen uchi	Gokyo			
	Yokomen uchi	Irimi nage			
	Yokomen uchi	Kote gaeshi			
	Yokomen uchi	Kokyu nage			

Tachi waza	Shomen uchi	Ikkyo	Ushiro waza	Ushiro ryote dori	Ikkyo
	Shomen uchi	Shiho nage		Ushiro ryote dori	Koshi nage
	Shomen uchi	Udekime nage		Ushiro ryote dori	Irimi nage
	Shomen uchi	Kote gaeshi		Ushiro ryote dori	Shiho nage
	Shomen uchi	Irimi nage		Ushiro ryote dori	Kote gaeshi
	Yokomen uchi	Ikkyo		Ushiro ryote dori	Kokyu nage
	Yokomen uchi	Shiho nage		Ushiro ryo kata dori	Ikkyo
	Yokomen uchi	Udekime nage		Ushiro ryo kata dori	Koshi nage
	Yokomen uchi	Kote gaeshi		Ushiro ryo kata dori	Irimi nage
	Yokomen uchi	Irimi nage		Ushiro ryo kata dori	Shiho nage
	Kata dori men uchi	Ikkyo		Ushiro ryo kata dori	Kote gaeshi
	Kata dori men uchi	Nikyo		Ushiro ryo kata dori	Kokyu nage
	Kata dori men uchi	Shiho nage		Ushiro katate dori kubishime	Ikkyo
	Kata dori men uchi	Irimi nage		Ushiro katate dori kubishime	Koshi nage
	Kata dori men uchi	Kote gaeshi		Ushiro katate dori kubishime	Irimi nage
	Ryote dori	Tenchi nage		Ushiro katate dori kubishime	Shiho nage
	Ryote dori	Koshi nage		Ushiro katate dori kubishime	Kote gaeshi
	Ryote dori	Kokyu nage		Ushiro katate dori kubishime	Kokyu nage
	Chudan tsuki	Jiyu waza		Ushiro eri dori	Ikkyo
				Ushiro eri dori	Koshi nage
				Ushiro eri dori	Irimi nage
				Ushiro eri dori	Shiho nage
				Ushiro eri dori	Kote gaeshi
				Ushiro eri dori	Kokyu nage
Taninzu gake		Jiyu waza			
Tanto dori		Jiyu waza			
Jo dori		Jiyu waza			
<b>ab 2. DAN</b>					
Tachi dori		Jiyu waza			
Jo gegen Jo		Jiyu waza			
<b>ab 3. DAN</b>					
Bokken gegen Bokken		Jiyu waza			